

## **Hillandale Swim and Tennis Association COVID-19 Guidelines for 2021 Swim Season**

In accordance with state and county regulations and guidance, HSTA is implementing the following COVID-19 Guidelines for the 2021 swim season. These Guidelines supplement our existing operating procedures and override those procedures if there is any overlap.

These Guidelines are intended to encourage the CDC best practices, including:

- Maintaining good social distance (6 feet)
- Washing your hands often with soap and water
- Routinely cleaning and disinfecting frequently touched surfaces
- Covering your mouth and nose with a face covering when around others

But even with these practices, coming in contact with people outside your household – whether at the pool or elsewhere – increases your chances of contracting the virus. All persons entering the HSTA property must sign the attached waiver of liability.

**BY ENTERING THE HSTA PROPERTY, YOU ASSUME ALL RISK OF EXPOSURE TO COVID-19. HSTA HAS NO LIABILITY TO ANYONE WHO MIGHT CONTRACT COVID-19.**

The HSTA Board will evaluate these Guidelines regularly and make changes as state and county restrictions are modified and to promote the safety of staff, volunteers, and members. If you have suggestions, please contact us through the HSTA website: [HillandalePool.org](http://HillandalePool.org).

### **1. MAXIMUM CAPACITY**

- 1.1 Capacity.** The pool is open at its normal capacity.
- 1.2 Guests & Parties.** Members may bring guests to the pool consistent with the HSTA guest and event policy. Members must:
  - a) provide the full name, address, and contact information for each guest;
  - b) pay guest/event fees by exact change, check, or PayPal; and
  - c) ensure that their guests adhere to the pool rules and these Guidelines.

### **2. GENERAL POOL RULES**

- 2.1 COVID Symptoms.** Members experiencing cough, fever, or shortness of breath should not come to the pool.
- 2.2 Face Coverings.** Face coverings are not required outdoors, though strongly encouraged for members who are not vaccinated. Members who are not fully vaccinated must wear face coverings indoors (i.e., in the bathrooms).
- 2.3 Social Distancing.** Our tables, chairs, and loungers are arranged to encourage a separation of 6 feet between staff and members of different household groups.
- 2.4 Minors.** Children younger than 12 years old must be accompanied by a parent or guardian in their household group. Parents and guardians are responsible for monitoring their children's adherence to the pool rules and these Guidelines.

- 2.5 **Restrooms.** Showers and changing rooms are high contact areas, so members are encouraged to shower before coming to the pool and arrive wearing their swimming attire. Soap will be available for hand washing.
- 2.6 **Hand Sanitizer.** Members are encouraged to bring their own hand sanitizer and sanitizing wipes. Hand sanitizer will be available at the guard desk.
- 2.7 **Signage.** Signs will be posted prominently:
  - 2.7.1 [COVID-19 symptoms: STOP](#) – guard desk and bulletin board
  - 2.7.2 [Handwashing Reminder](#) – around designated areas and restroom exits
  - 2.7.3 HSTA Pool rules – entrance, guard desk

### 3. FACILITY RULES

#### 3.1 Main Pool

- 3.1.1 **Capacity.** The pool is open at its normal capacity.
- 3.1.2 **Chlorination.** Chlorine and pH levels will be maintained per current regulation, including shock or super-chlorination as needed.
- 3.1.3 **Lap Lanes.** More than one member per lap lane is permissible with appropriate social distancing.
- 3.1.4 **Face Coverings.** Members should not wear face coverings in the pool.
- 3.1.5 **Pool Entry.** To allow social distancing when entering or exiting the pool, standing or sitting on the stairs or ladders is not permitted.
- 3.1.6 **Inflatables.** No inflatables (aside from arm floaties) are permitted.
- 3.1.7 **Diving Well.** The diving boards are high contact areas. As always, members should not linger on the boards or climb down the high dive ladder.

3.2 **Wading Pool.** The wading pool is open at its normal capacity.

3.3 **Pavilions.** The pavilions may be reserved for small events. At other times, members may use the pavilions on a first-come, first-served basis and are encouraged to maintain 6 feet from members in other household groups.

3.4 **Tables and Chairs.** Tables and chairs will be arranged to support social distancing and are available on a first-come, first-serve basis. Lifeguards will wipe down high-contact areas periodically, but members are encouraged to wipe down the chairs and tables before and after use. Members may bring their own chairs, but should be considerate of other members in placing their chairs.

3.5 **Courts and Gaga Pit.** The basketball, volleyball, and tennis/pickleball courts and the Gaga Pit are all open on a first-come, first-served basis.

#### 3.6 Snack Bar Area

3.6.1 The Snack Bar will be open. Members should not linger at the Snack Bar.

**3.6.2** The soda machine, refrigerator, and microwave are available for member use. However, because these areas are indoors and too small to permit social distancing, only one person is permitted in the area at a time.

**3.7 Barbeque Grill.** The grill is open.

#### **4. CHECK-IN PROCEDURE**

**4.1** Staff will verify membership at the guard desk using membership rosters.

**4.2** Guest fees can be paid via exact change, check, or PayPal. Guards will not have change.

#### **5. CHECK-OUT PROCEDURE**

**5.1** As always, members must throw away all trash and take all belongings with them.

**5.2** Members must stop at the guard office and check out before leaving.

#### **6. LIFEGUARDS**

**6.1** At least two lifeguards will be on duty at all times.

**6.2** Lifeguards who exhibit cough, fever or shortness of breath are required to stay home.

**6.3** Lifeguards who not are fully vaccinated must wear face coverings at the guard desk and when moving around the premises. Lifeguards who are fully vaccinated are not required to wear face coverings but will have access to disposable masks.

**6.4** Lifeguards will have access to hand sanitizer in the guard office.

**6.5** The primary duty of lifeguards who are actively lifeguarding is pool safety. Lifeguards are not policing member use of face coverings or social distancing. We rely on members to follow these Guidelines and be considerate of other members.

**6.6** Lifeguards who are not actively lifeguarding will manage check-in and check-out.

**6.7** Lifeguards will clean/brush pool tile/wall at the water line at least once a week.

**6.8** Lifeguards will maintain a daily cleaning log.

**Hillandale Swim and Tennis Association  
COVID-19 WAIVER OF LIABILITY**

COVID-19, is a worldwide pandemic. COVID-19 is extremely contagious and can spread through person-to-person contact, through the air, and by contact with contaminated surfaces and objects. People can be infected and show no symptoms and therefore spread the disease. COVID-19 can cause serious and potentially life threatening illness and even death. Vaccines do not provide complete protection from the disease, and there is no known cure.

The Hillandale Swim and Tennis Association (HSTA) cannot prevent you and/or your children from becoming exposed to, contracting, or spreading COVID-19 while utilizing HSTA's services or premises. It is not possible to prevent against the presence of the disease. Therefore, if you choose to use HSTA's services or premises, you and/or your children may be exposing yourselves to and/or increasing your risk of contracting or spreading COVID-19.

**ASSUMPTION OF RISK:** I have read and understood the above warning concerning COVID-19. I hereby choose to accept the risk of contracting COVID-19 for myself and/or my children in order to utilize HSTA's services and premises. These services and premises are of such value to me and/or my children that I accept the risk of myself and/or my children being exposed to, contracting, and/or spreading COVID-19 in order to utilize HSTA's services and premises.

**WAIVER OF LAWSUIT/LIABILITY:** I hereby forever release and waive my and my children's right to bring suit against HSTA and its owners, officers, directors, managers, members, agents, employees, or other representatives in connection with exposure, infection, and/or spread of COVID-19 related to utilizing HSTA's services and premises. I understand that this waiver means I and/or my children give up our right to bring any claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claim I and/or my children may have to seek damages, whether known or unknown, foreseen or unforeseen.

**I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:**

\_\_\_\_\_  
SIGNATURE

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DATE

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PRINTED NAME

CHILDREN:  
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